

*“From the Ridge*



*to Your Fridge”*

**“Fresh Sheet”**

**For the week of 11/9/15**

Chicken - Raised on fresh green Mossy Ridge pastures

- Never Medicated
- Processed and packaged on farm, in state inspected facility to ensure quality
- Raised in fresh air and sunshine

**Leg Quarters..... 2 pack.....\$6.00**

**Drumettes..... 12 pack.....\$5.00**

**Drumettes..... 24 pack.....\$10.00**

**Boneless/skinless Thighs.....8 pack.....\$12.00**

**Drumsticks.....6 pack.....\$6.00**

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Farm Fresh Chicken eggs

- Raised on fresh green pastures
- High in omega 3's & 6's
- Washed
- Raised in fresh air and sunshine

**Farm fresh eggs..... One dozen.....\$5.00**

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Shiitake Mushrooms

- Grown using organic practices here on Mossy Ridge Farm
- Rich in needed minerals, Immune boosting “super food”
- Alternative source of protein

**Fresh Picked Shiitake Mushrooms.....1/2 pound  
box.....\$7.00**

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- Farm Fresh Duck eggs      - Raised on fresh green local pastures of Mossy Ridge Farm
- Never Medicated
  - High Alkaline and are noted as anti-cancer food
  - Raised in fresh air and sunshine
  - Yolks are Rich in flavor and orange in color

**Farm fresh Duck eggs..... One  
dozen.....\$7.00**

**½ dozen**

**.....\$4.00**

**From the Garden**

*\* All Produce is grown using organic practices*

**Red Oak leaf lettuce.....1/2 Pound.....  
\$4.00**

**Green Oak leaf lettuce .....1/2  
Pound.....\$4.00**

Lettuce salad Mix .....1  
pound.....\$8.00

Bib Lettuce .....1/2  
Pound.....\$8.00

Turnip Greens.....1  
pound.....\$5.00

Radishes..... 6 per bunch.....  
\$2.00

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Free Delivery Monday-Friday

5 easy ways to Place your order

- Call 985-709-9061

-Text 985-709-9061

-Place order through our website [www.mossyridgefarms.com](http://www.mossyridgefarms.com) , if ordering produce please type what you would like in comments section of your order form on website.

-Send us a message through our Face book page

[www.facebook.com/mossyridgefarms](http://www.facebook.com/mossyridgefarms)

-email us at [info@mossyridgefarms.com](mailto:info@mossyridgefarms.com)

If you or someone you know would like to be on our distribution list to receive this weekly fresh sheet by email, send a request to [info@mossyridgefarm.com](mailto:info@mossyridgefarm.com)

If you would like to be removed from our weekly fresh sheet distribution list please respond to this email using the word “remove” in the subject line.

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**We know you have a choice, Thank you for choosing us as your local family farm.**