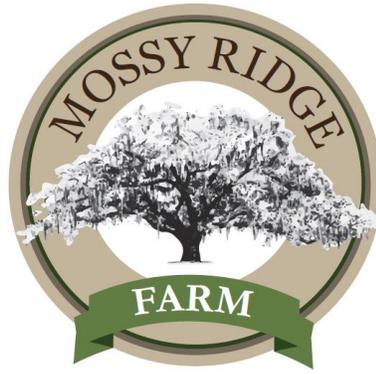


“From the Ridge



to Your Fridge”

“Fresh Sheet”

For the week of 11/16/15

Chicken - Raised on fresh green Mossy Ridge pastures in Fresh air and Sunshine

- Never Medicated
- Processed and packaged on farm in state inspected facility to ensure quality
- Packed in Freezer Paper and Frozen, Unless otherwise specified

Leg Quarters..... 2 pack.....\$6.00

Drumettes.....”restaurant wings” 12 pack..... \$5.00

Drumettes.....”restaurant wings” 24 pack.....\$10.00

Boneless/skinless Thighs.....8 pack.....\$12.00

Drumsticks.....6 pack.....\$6.00

Carcasses ...For Gumbo, Broths & Stocks...4 pack... \$4.00

- Shiitake Mushrooms
- Grown using organic practices here on Mossy Ridge Farm
 - Rich in needed minerals, Immune boosting “super food”
 - Alternative source of protein

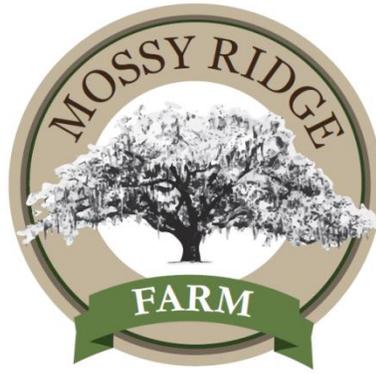
Fresh Picked Shiitake Mushrooms.....1/2 pound box.....\$7.00

Farm Fresh Chicken Eggs - High in omega 3’s & 6’s

- Hand Washed
- Our Laying Hens are raised on Fresh pasture never bare dirt

Farm fresh eggs..... One dozen.....\$5.00

“From the Ridge



to Your Fridge”

“Fresh Sheet”

For the week of 11/16/15

- Farm Fresh Duck eggs - Raised on fresh green local pastures of Mossy Ridge Farm
- Never Medicated
- High Alkaline and are noted as anti-cancer food
- Raised in fresh air and sunshine
- Huge Yolks are Rich in flavor and slightly orange in color

Farm fresh Duck eggs..... One dozen.....\$7.00

½ dozen\$4.00

From the Garden

** All Produce is grown using organic practices*

Red Oak leaf lettuce.....1/2 Pound..... \$4.00

Green Oak leaf lettuce1/2 Pound.....\$4.00

Lettuce salad Mix1 pound.....\$8.00

Bib Lettuce1/2 Pound.....\$8.00

Radishes.....6 per bunch..... \$2.00

Bean Sprouts.....6 oz container.... \$5.00

“From the Ridge



to Your Fridge”

“Fresh Sheet”

For the week of 11/16/15



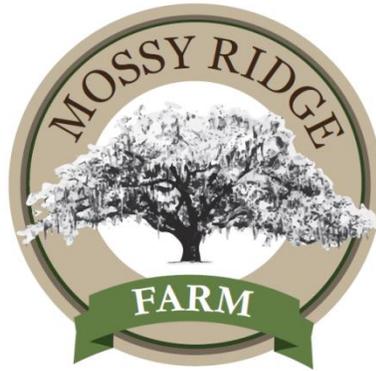
Mossy Ridge Farm T-shirts are in Stock!!

Be part of the Mossy Ridge Crew

Get Yours Today Sizes S-XL

White..... \$15.00 Green or Chestnut.....\$18.00

“From the Ridge



to Your Fridge”

“Fresh Sheet”

For the week of 11/16/15

*** Come see us at the Rienzi Farmers Market in Thibodaux on
Thursday 11/19/15**

Free Delivery Monday-Friday

5 easy ways to Place your order

- Call 985-709-9061

-Text 985-709-9061

-Place order through our website www.mossyridgefarms.com , if ordering produce please type what you would like in comments section of your order form on website.

-Send us a message through our Face book page

www.facebook.com/mossyridgefarms

-email us at info@mossyridgefarms.com If you or someone you know would like to be on our distribution list to receive this weekly fresh sheet by email, send a request to info@mossyridgefarm.com

If you would like to be removed from our weekly fresh sheet distribution list please respond to this email using the word **“remove”** in the subject line.

We know you have a choice, Thank you for choosing us as your local family farm.